



RECORD CARD

SKILL BADGE REQUIREMENTS

FIRST AID



7"2

SUMMER 5764

NOTE:

Although to earn Step Two of each badge, the camper must first earn Step One, the camper may still work on the requirements of all of the Steps simultaneously.

This is to certify that

_____ Tzivos Hashem Member

Of Bunk # _____

has completed:

Step 1 _____
Instructors Signature _____ Date _____

Step 2 _____
Instructors Signature _____ Date _____

Step 3 _____
Instructors Signature _____ Date _____

of the First Aid Skill Badge.

_____ Tzivos Hashem Member
_____ has completed STEP 3 of First Aid Skill Badge
_____ Instructors Signature _____ Date _____

- approval
- Demonstrate two different two-person carries. _____
 - Choose five injuries listed in any step of this Skill Badge, and explain how one can reasonably prevent their occurrence. _____
 - Explain under which circumstances one must do melachah ("work") on Shabbos for the sake of healing. _____

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SKILL BADGE REQUIREMENTS

STEP 3

- approval
- ummarize six (6) things which Rambam recommends for good health. _____
 - Name the four situations in which someone must recite birchas hagomel (blessing of thanksgiving). _____
 - Explain when the mi shebeirach prayer for the sick is recited, and the difference in the prayer on a weekday and on Shabbos. _____
 - Demonstrate the proper treatment and describe improper treatments for the following:
a. allergic reaction; _____
b. asthma attack; _____
c. dehydration; _____
d. drowning; _____
e. object in the eye; _____
f. car accident. _____



turn over

_____ Tzivos Hashem Member
_____ has completed STEP 2 of First Aid Skill Badge
_____ Instructors Signature _____ Date _____

- approval
- Recite the following:
a. a minimum of ten (10) items that should be in a first-aid kit; _____
b. three locations which should have a first-aid kit. _____
 - Explain or recite the following:
a. the brocha (blessing) made when taking medicine; _____
b. in which cases medicine may be taken on Shabbos. _____

FIRST AID

SKILL BADGE REQUIREMENTS

STEP 2

- approval
- Explain the role of medical healing once Moshiach comes. _____
 - Show one place in the Torah where a prayer was made for healing, and explain the situation and people involved. _____
 - Demonstrate the proper treatment and describe improper treatments for the following:
a. major bleeding; _____
b. tick bites; _____
c. poison ingestion; _____
d. broken arm and leg; _____
e. fainting; _____
f. electrical shock; _____
g. choking; _____
h. neck injury. _____



turn over

_____ Tzivos Hashem Member
_____ has completed STEP 1 of First Aid Skill Badge
_____ Instructors Signature _____ Date _____

- approval
- Demonstrate the following:
a. fireman's lift; _____
b. two other single-person carries; _____
c. making a stretcher out of commonly found materials; _____
d. carrying someone on a stretcher. _____
 - Explain or recite the following (for places without Hazolah, substitute E.M.S.):
a. the phone number to Hazolah in your area; _____
b. the information which must be given to Hazolah when calling; _____
c. what you should do to help Hazolah reach the patient; _____
d. what you should do once Hazolah has arrived on-scene. _____
 - Explain the importance of bikur cholim (visiting the sick) for both the visitor and the one visited. _____

FIRST AID

SKILL BADGE REQUIREMENTS

STEP 1

- approval
- Explain the following:
a. the source in Torah which gives us the permission and obligation to heal others; _____
b. the reason for which one must care for their health. _____
 - Recite the proper name for a hospital in Hebrew and the reason for that specific name. _____
 - Demonstrate the proper treatment and describe improper treatments for the following:
a. minor cuts, scrapes, and bruises; _____
b. splinters; _____
c. common burns and scalds; _____
d. bee stings; _____
e. mosquito bites; _____
f. nose bleed; _____
g. blisters; _____
h. sprains. _____
 - Explain under what conditions a patient should or should not be moved. _____



turn over